

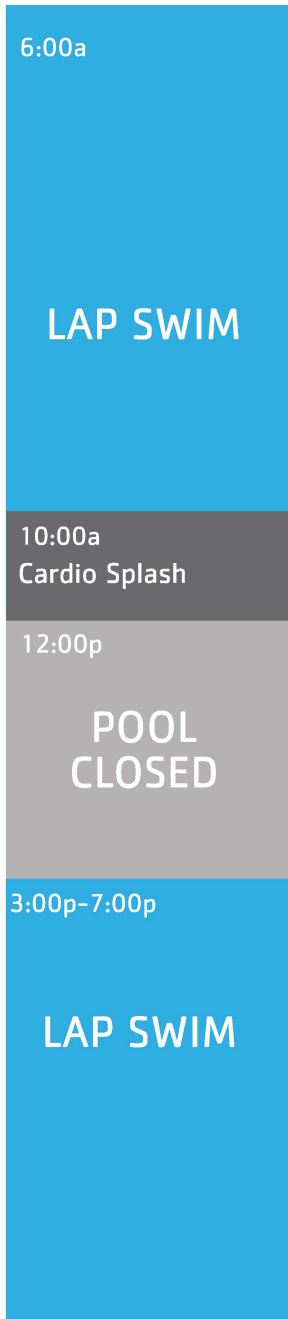


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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

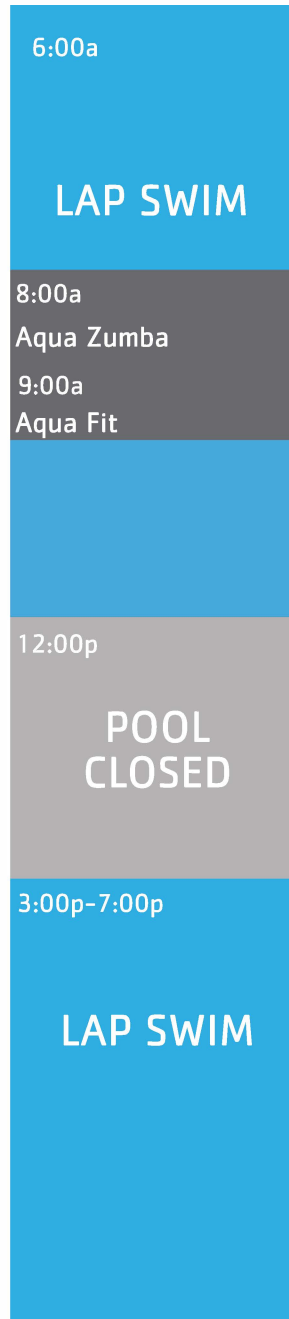
MIDDLETOWN AREA FAMILY YMCA

LAP POOL SCHEDULE

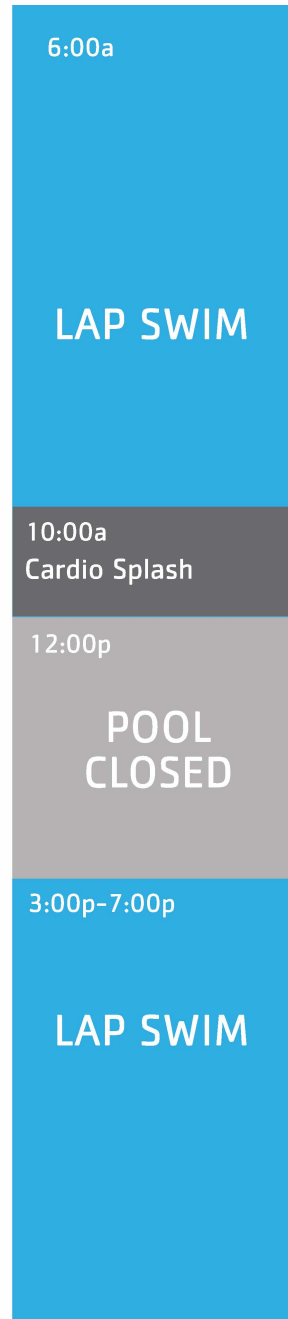
MONDAY



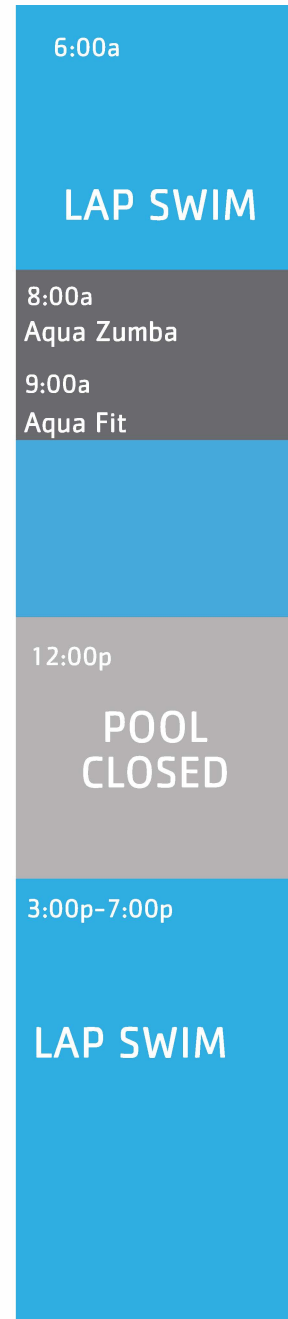
TUESDAY



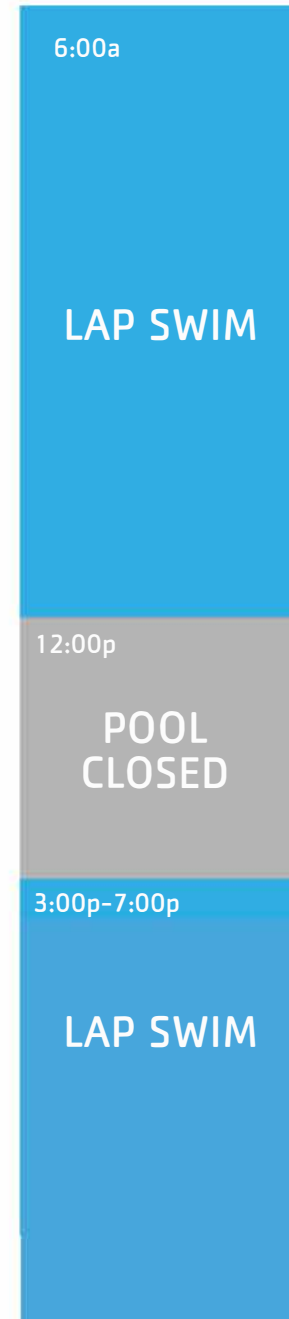
WEDNESDAY



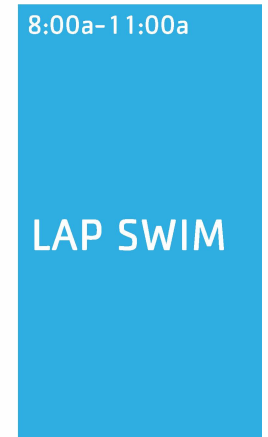
THURSDAY



FRIDAY



SATURDAY



Reservations are required for all lap swim and group exercise classes.